



# GNWMP Spring Newsletter 2025

## What to Expect in This Season's Newsletter 🌸

In this edition, we'll be sharing a variety of important updates and useful information to keep you informed and engaged. Here's what you can expect:

1. **Spring COVID Boosters** 💉  
Information on upcoming Spring COVID boosters for eligible patients.
2. **PPG Goes Virtual** 🖥️  
Details about how you can now join our Patient Participation Group (PPG) virtually.
3. **Bank Holiday & Protected Learning Time** 📅  
Updates on surgery closures and dates for protected learning time for staff development.
4. **Staff Starters & Leavers** 👋  
Welcoming new team members and saying goodbye to those moving on to new opportunities.
5. **Patient Notice from Dr. Harper** 🏠  
A special message from Dr. Harper to our patients.
6. **Pharmacy First – Self-Care Treatments** 🏪  
Learn more about what you can treat with pharmacy-first services.
7. **Patient Triage** 💬  
Reminder on how to use our patient triage service for quick, non-urgent queries.
8. **Our Last Quarter in Numbers** 📊  
A snapshot of key statistics from the past quarter, including appointments, prescriptions, and patient triage.
9. **Spring Health Tips** 🌱  
Useful tips for staying healthy as we transition into the warmer months.
10. **Ways to Contact Us & Stay Up to Date** 📞💬📱  
The different ways you can reach us and stay informed, including updates on our communication channels.

### **Spring Boosters – It's That Time of Year Again!**

Spring is here! With daffodils blooming, lighter evenings, and Easter around the corner, it's also time for **Spring COVID boosters**.

#### **Appointments Available from 5th April**

Eligible patients have now received an invitation to book their vaccinations via SMS allowing flexibility.



#### **Who is eligible?**

-  Patients aged **75 and over**
-  Residents in **older adult care homes**
-  Those aged **18-74 who are severely immunosuppressed**

If you receive an invitation, please book your appointment promptly to ensure you are protected.

#### **Bank Holiday Closures**

Please note that the surgery will be **closed** on the following dates:

-  **Friday 18th April**
-  **Monday 21st April**
-  **Monday 5th May**
-  **Monday 26th May**

Please ensure you order any repeat prescriptions in advance. For **urgent medical advice** when we are closed, contact **NHS 111** or visit your nearest pharmacy.

Thank you for your trust and care,  
For all the ways you're always there.  
Your support helps us grow each day,  
Together, we'll find a brighter way. 🌟

### **Our Patient Participation Group Has Gone Virtual!**

Our **Patient Participation Group (PPG)** is now **online!** Stay informed, share feedback, and help shape the future of our surgery!


 Visit our **website**

 Follow our **Facebook page**

 Join our new **WhatsApp channel**

### **Staff Update – Welcome to Our New Team Members!**


We are delighted to welcome **new members to our team:**

 **Dr. Azeez Okusaga** – General Practitioner

 **Dr. Teja Shetty** – GP Registrar

 **Nurse Practitioner Tracey** – Providing acute and chronic disease management

 **Safeguarding & CQC Care Coordinator Jill** – Supporting patient safety and compliance

 **Reception Administrator Caroline** – Assisting with patient queries and administration

 **Trainee Dispenser Leigh** – Assisting our patients with their dispensing needs and medication enquiries

Please give them a warm welcome when you see them at the practice!

### **Farewell & Good Luck!**

We'd like to say a heartfelt thank you and goodbye to the following team members who are moving on to new opportunities, we wish them all the best:

 **Dr. Bilal Shari (GP Registrar)**

 **Freya, Tina, Amber & Rachael**



## Patient Notice – Dr Harper's Temporary Leave

Due to personal circumstances, **Dr Sebastian (Ned) Harper** will be taking some time away from the practice starting in **June 2025**.

During his absence, our other GPs will continue to provide care for his patients, ensuring a **seamless transition**. Please rest assured that we remain **committed to delivering the highest standard of care**.

If you have any concerns or require further information, please speak to a member of our team.

Thank you for your patience and support.




**The Pharmacy First Service** was launched by the Government recently. This enables Pharmacists to offer expert advice and provide medicines for 7 common conditions as below:

**earache – impetigo - infected insect bites –  
shingles – sinusitis - sore throats -  
uncomplicated UTI's in women under 65**

For these conditions Pharmacies who have signed up to the scheme will see you and determine whether you need medication, and they will refer you back to the practice if they cannot help you.

## Protected Learning Time Closures

Please note that the surgery will be **closed** at 1230 hrs on the following dates:



 **Wednesday 2<sup>nd</sup> April**  
 **Wednesday 7<sup>th</sup> May**  
 **Wednesday 4<sup>th</sup> June**

For **urgent medical advice** when we are closed, contact **NHS 111** or visit your nearest pharmacy.

## **Save Time with AccuRx Patient Triage**

We want to make it as easy and convenient as possible for you to access care. With AccuRx Patient Triage, you can quickly and simply send us your symptoms or concerns without having to make a telephone call.

You can access this online platform via our website which will help you get the care you need faster by allowing our team to assess your needs and provide the best next steps for treatment.






Using AccuRx is quick and easy—no long wait times or telephone queues!  By submitting your information through the platform, you can save time and avoid unnecessary calls to the practice.  This service is designed to make your experience more efficient while helping us prioritise urgent cases, so you receive the right care as quickly as possible.

**For all urgent matters, please telephone the surgery directly.** 



### **Our Last Quarter in Numbers:**

Here's a snapshot of what we have been up to over the last three months:

-  **Total Appointments Held:** 21,681 appointments
-  **Missed Appointments (DID NOT ATTENDS):** 915 appointments
-  **Prescriptions Dispensed:** 45,099 items
-  **Telephone Calls Received:** 34,954
-  **Patient Triage Requests Received:** 2,339

Missed appointments remain a challenge—if you are unable to attend, please cancel in advance so we can offer this appointment to someone else. You can do this via patient triage, the NHS App or Reception.







### **Health Tip of the Season – Spring Clean Your Health!**

With the new season, it's a great time to refresh your health habits:

- ✓ **Get outside** – Enjoy the lighter evenings with a daily walk.
- ✓ **Eat seasonally** – Add more fresh fruit & veggies to your meals.
- ✓ **Stay hydrated** – Warmer weather means your body needs more water.
- ✓ **Check your allergies** – Hay fever season is here, so stock up on antihistamines if needed!

### **Ways to Contact Us & Stay Up-to-Date with Changes**

We're committed to keeping you informed and making it easy for you to get in touch. Here are the different ways you can contact the surgery and stay up-to-date with any important changes:

- **Telephone** : 01327 340212
- **Email** : northantsicb.gnwmpadmin@nhs.net
- **Facebook** : <https://www.facebook.com/gnwmp>
- **Instagram** : @gnwmp57
- **WhatsApp Channel** :  
<https://www.whatsapp.com/channel/0029Vb3v36hBA1f2DN4K5J2F>
- **NHS App** : Don't forget to download the **NHS App** for easy access to your medical records, prescriptions, and booking appointments! It's a great tool to keep you connected and up-to-date with your healthcare.

We also regularly post updates, changes, and important news across our social media platforms, so be sure to follow us to stay in the loop! Stay connected and informed for any upcoming changes or announcements. 😊